

Healthy Transitions Program



A new resource for
youth and young adults
ages 16-25

WHO CAN BENEFIT?

- Youth and Young Adults (YYA) ages 16-25 with Emotional/Behavioral Difficulties (EBD) who are transitioning to independence.
- YYA transitioning out of foster care placements.
- YYA transitioning out of a juvenile justice residential placement into an increasingly independent community setting.

To hear more or become involved
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Why Healthy Transitions Program?

Transitioning to adulthood and independence is hard enough as it is. Youth and Young Adults (YYA) with Emotional/Behavioral Difficulties (EBD) face an even more difficult transition to adulthood than their peers. Outreach and engagement are essential to YYA and their families, as **many are disconnected from social and other community supports.** These youth may struggle finding and keeping employment, participating in school, or accessing vocational or higher education programs. Some face the additional challenge of being homeless or having contact with the criminal justice system, increasing the likelihood of admissions to hospitals, mental health facilities, and correctional facilities.

What Makes HTP Different?

HTP will **focus on outreach and engagement strategies**, including the use of **Transition Facilitators** and **Transition Peer Specialists**, family supports, social media, and coordination across care delivery systems. HTP utilizes the **TIP Model®**, an evidence-based practice that **emphasizes personal choice** to connect young people to resources to help them maintain their health and develop skills in order to lead more fulfilling and empowered lives.